

# Majestic Isles News

January, 2009

Volume 12

Issue 4

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I'd like to spend a little time and space in this article to thank the members of the Board of Directors for all of their time and effort throughout 2008. It really shows, starting from the minute you turn off Woolbright Road and come up to the guardhouse. I also want to hit the highlights of the accomplishments during the past year.

Hartzell Painting started on the property last year as the new painting contractor and painted its first 75 homes, cleaned another 76 homes, and gave the clubhouse a new look with an updated paint scheme. The 2009 painting will be starting just after the first of the year – the exact dates are still to be determined, but we'll let everyone know in plenty of time.

Although we've been under Phase II water restrictions from SFWMD for the entire year, the lawns and landscaping still look great, even with only 2 days of watering each week. We owe a lot of thanks to M&P Services – Mark, Joey, Julio, and the rest of the landscaping crew for all their hard work. Joey started "playing" a little with shaping the common area plantings, thereby giving more life and personality to the front entrance islands. SFWMD approved the recharge well for the lakes so we don't have to worry as much about the lake levels dropping during a drought. Many thanks to the Committee of Jerry Fefferman and Mitch Radin.

The bike path along Imperial Seas Blvd was resurfaced and a header curb was installed to both contain the asphalt and to act as a root barrier. Just after this was completed, M&P installed new landscaping along the west side of the clubhouse parking lot. The new design and combination of plants makes an attractive border for the main feature of the community.

The Board approved permanent stand-by generators for residents as long as they operate with no more than two 17-20 pound propane "gas grill" tanks. Several residents have already taken advantage of this and have had them installed. They're a whole lot safer than trying to pour gas into a portable generator.

We purchased and installed a new program for Channel 63 that has more options than the last one. This program also lets us show DVD's – such as Candidates Night – for residents who are unable to attend the event.

2008 brought many more changes and updates to Majestic Isles and we all look forward to the new Board and 2009.

Ken Miller, Property Manager

The M.I. Newsletter is financially self-sustaining. All expenses are covered by advertising revenue.

*For photos, information and back issues of our newsletter (starting with April 2008) check out our website:*

[www.majesticisles.com](http://www.majesticisles.com)

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## **Unofficial Highlights of M.I. Board of Directors Meeting, December 4, 2008**

*Minutes of the December meeting will not be available until the Board approves them at the next meeting. To inform residents in a timely manner, we present the unofficial and abbreviated notes below.*

### **Treasurer's Report, Sy Kugelmas**

Cash balances as of 12/4/08

Operating Accounts	\$191,190.53
Reserve Accounts	<u>\$293,384.04</u>
Total Cash	\$484,574.57

- Still in full compliance with the 2008 budget.
- Total due from 2 unit holders in arrears:
  - \$2,942.00
- Balance due vendors for uncompleted jobs:
  - \$7,094.00

Reserve expenditures:

- Reserve expenditures for current year:
  - \$112,099.84
- Painting, roof cleaning payments for year:
  - \$83,157.52
- Balance for painting this year (to be paid 12/28/08):
  - \$27,672.63
- Loan payable to Wachovia Bank - Balance after payment 12/24/08:
  - \$194,261.72
- Transferred from Operating Accounts to General Reserve Accounts for tree replacement:
  - \$30,000
- 96 unit owners have signed up for our Autopay.

### **Security Report, Steve Bayer**

- All residents must have a permit for their alarm system from PBSO, else PBSO will not respond.
- Permit applications are in the Office. Cost is \$25.

### **Grounds Committee, Stan Brizel**

- No Report

### **Election Committee, Stan Brizel**

- 6 residents are candidates for the Board at the Dec. 17 election. All 6 signed the Candidates Certification Form at Candidates Night on Nov. 19.
- Thanks to Ira Schneider for taping the event for broadcast on Channel 63.
- Nominations will be accepted from the floor, but nominee must be there to accept, or have a letter accepting the nomination. No speeches or campaign material.

### **Clubhouse Committee, Irene Weinstein**

- Still waiting for decorators to provide information.
- Ken Miller advised the Board that the pool would be closed Jan. 10 – 26 for the deck refinishing on the pool and ball- room landing. The ballroom and lobby carpets will be cleaned Jan. 13 and 14. Rest of clubhouse will be open.

### **Contracts Committee, Joel Rosenthal**

- Committee needs to go over several contracts that are up for renewal.

### **Insurance Committee, Ken Keller**

- All information has been forwarded to the adjustor, who feels confident that the claim is valid. Everything was sent to president of Philadelphia.

### **Manager's Report, Ken Miller**

- Presented items to the Board that have to be voted on during Old Business and New Business.
- AT&T has repaired the sod in the area of the new cabinet. Ken still has to meet with the landscaping subcontractor to go over the damaged shrubs.

### **Old Business**

- Pressure Washing tabled.
- Before presenting the Hold Harmless Agreement to residents who install solar panels, Ken Miller has to amend it.
- Stan Brizel and Ken Miller went to the SFWMD Board meeting about the Variance Request having to do with the watering of replacement trees. SFWMD would not consider the variance apart from the full Consent Agenda but they will work with us and revisit the request in May when we'll be getting supplemental rain.

### **New Business**

- Kudos to the Board members from Irene Weinstein for all their hard work throughout the last year.
- Three drains on the pool need to be replaced with a type that is compliant with the Virginia Graeme Baker Pool and Spa Safety Act at a cost of \$226.65 each, including installation.



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## WE CARE

By Naomi Marcus

### Nag, nag, nag

If you thought about having grab bars installed in your bathrooms and never got around to doing it, pick up the flyer in the back lobby that lists several local vendors who supply and install them or call Marshall Deutsch (736-3135) for information.

### Reminder

To returning seasonal residents and others: There is a new Emergency Contact form in the back lobby. It is time to update your information!

### Poet Laureate?

WE CARE Co-chairman Fred Oestreicher loves his job so much that it inspires him to verse. His latest poem follows. The phone number at the end is his.

To the doctor or drugstore you need a ride?  
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Herb Friedberg -742-5766 or

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### A Few Suggestions

- In an emergency wearing a medical bracelet with information about your medical history could save your life. Ask your doctor about it.
- Carry a card in your wallet listing all your current medications and allergies. It could be useful in an emergency or when filling out one of those pesky medical history forms.

### Follow Up

Last month we told you **not** to dispose of old prescription drugs by flushing them down the toilet, but we didn't tell you why. Here's the reason: the active ingredients can get into the water supply or end up (still active) in reclamation areas that serve wildlife or even in our drinking water.

The proper method of disposal is to crush pills (if possible), mix with coffee grounds or garbage scraps, put in a plastic bag and toss in the trash.

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## From the Sheriff's Office: COMMUNITY AWARENESS BULLETIN

The District 6 Detective Bureau provides this informational bulletin in an attempt to decrease the number of residential and vehicular burglaries. If you see anyone suspicious, please call the Sheriff's Office. If you have any information concerning any burglaries that have taken place, please call the Sheriff's Office.

Burglaries of vehicles typically occur between the hours of 8:00 p.m. and 7:00 a.m. because car doors are left unlocked and/or property is left inside the vehicle in plain view. Residential burglaries typically occur between the hours of 7:00 a.m. and 12:00 p.m.. Most residents fail to secure their homes properly and do not set their alarm systems.

### Crime Prevention Tips

- Before leaving your residence, secure all windows and doors. Leave lights on at night.
- Use outdoor lighting with motion sensors.
- Activate your alarm system (if you have one).
- Report any suspicious cars (tag numbers or vehicle description) to the Sheriff's Office.
- Report any suspicious persons (physical and clothing description) to the Sheriff's Office.
- Look out for your neighbor's house.
- Lock your car doors. Keep the windows rolled up.
- Do not leave items in plain view inside your vehicle.
- If you have a garage, use it for your vehicle.
- Collect your mail daily from your mailbox.
- When you are out, always be aware of your surroundings.

### SHERIFF'S OFFICE NON-EMERGENCY NUMBERS TO REMEMBER

Sheriff's office (non-emergency) - 688-3400  
Sheriff's Office cell phone numbers – (AT&T \*PBSO  
and CINGULAR #PBSO)  
Crime Stoppers – 1-800-458-TIPS



## CITIZENS OSERVER PATROL C.O.P. Unit #74

By Ken Keller, Captain

I hope you all had a wonderful holiday. The stores will be running post-holiday sales, so many of you will be going to the malls.



### “BE ALERT”

This is the time of year that you must be careful when shopping!

Leave nothing inside your car to tempt a break-in.

If you come out to put something in your trunk, move your car before going back in to do more shopping.

If you see someone hanging around your car, go back into the mall and get security to take you to your automobile.

Be safe. Be careful. Happy Shopping.



Thanks to the efforts of our ad team, Gerry Herman and Sylvia Fefferman, we have enough new advertising to justify a longer newsletter, with room for new items of interest, information and amusement. What we do not have is the staff to produce that additional content.

We invite you to join our staff. If you don't feel you can make an ongoing commitment, we'd also appreciate one time or occasional contributions. You choose. (We reserve the right to edit.)

We have some ideas: travel articles, book reviews, recipes, puzzles, **original** humor. We also welcome your suggestions.

Do come to a staff meeting, the first Friday of the month, at 11 a.m. in the upstairs card room, or call one of the co-editors: Betty Wachtel (739-6086) or Phyllis Cohen (740-1960)

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## SAVE ON YOUR HOME EXPENSES

By Phil and Doris Davidoff

In recent weeks we have found that it is possible to save substantially on expenses for two essential and expensive services for our house – homeowner's insurance and electricity.

Homeowner's Insurance - If you are paying more than \$2,000 per year for your homeowner's insurance, you may be paying more than you should. The secret to a big cost reduction is a "Windstorm Mitigation Inspection." By passing this inspection, we cut our insurance costs in half.

Not all insurance companies provide this reduction, but many provide and promote it. Check with your agents for their policy and for a recommendation of a certified inspector. The cost of the inspection should be no more than \$150, and the inspection is valid for five years, even if you change insurance vendors.

If you do not have flood insurance, you should consider it. The hurricane coverage on your homeowner's policy does not cover flood damage. The premium is regulated by federal authorities and is currently \$348 per year for \$250,000 of coverage.

Electricity - We attended a recent briefing on solar-powered hot water heating. The federal and state governments as well as Florida Power and Light (FPL) are encouraging homeowners to consider converting their water heaters to solar power. Federal tax credits and state rebates are provided to families installing solar-powered water heaters.

A solar-powered water heater will reduce your FPL bill by the amount currently paid to operate your water heater, usually at least \$50 per month, but can be considerably higher if you are a heavy user of hot water. Additionally, you will be reducing FPL's oil usage and using free, unlimited solar power.

There are a few solar water heaters already installed in Majestic Isles. A solar panel, 4' x 10,' is installed on the roof of the house, and an 80 gallon tank replaces the current electric water heater.

We attended a briefing presented by independent power analyst, David Kaufman (954-290-7522). He is not a solar power salesman. Sponsored by FPL, he can provide a power audit of your house and suggest areas to save electricity, as well as fully explain solar-powered water heaters.,

## GOOD AND WELFARE

### GET WELL

David Aldoroty                      Joel Gross  
Elaine Blacker                      Bob Robin

### SYMPATHY

To Connie Goodman on the loss of her sister.  
To Paul Mucci on the loss of his mother, Millie.

### MESSAGES

Thanks for your calls, cards and caring and transportation given to Helen while I was in the hospital. All was greatly appreciated.

David Aldoroty

Thanks to everyone for their kind thoughts and cards while I recovered from my unexpected hospital visit in November.

Phyllis M. Cohen

Thanks to my Majestic Isles family for the messages, cards, visits and food. It was gratifying to know that this wonderful community of friends was rooting for my speedy recovery.

Judy Radin

Thanks so much to all my friends and neighbors for your cards, calls, and concern during my recent accident and hand surgery. I really appreciate your thoughtfulness and sense of "community."

Harvey Vetstein

*Please note: We reserve the right to edit for length (30 word maximum) and clarity. Submit articles to Elaine Jay by email at [ElainJay@aol.com](mailto:ElainJay@aol.com) with **Good and Welfare** as the subject.*

## BEST WISHES TO THE NEW BOARD

The winners of the Dec. 17 election for the Majestic Isles Association Board are Janice Davidson, Mort Goldstein, Joel Rosenthal and Saul Seigel.

Shortly after the votes were counted, the new Board held met and organized the Board as follows:

President	Joel Rosenthal
1 <sup>st</sup> Vice President	Harvey Galan
2 <sup>nd</sup> Vice President	Irene Weinstein
Treasurer	Sy Kugelmas
Assistant Treasurer	Saul Seigel
Secretary	Janice Davidson
Member at Large	Mort Goldstein

We wish the new Board a most successful year.

## Highlights of the December 17, 2008

### COBWRA Meeting

The December meeting of the Coalition of Boynton West Residential Associations was held at Tuscany Bay.

### Officials' Reports

**County Commissioners Burt Aaronson, District 5 and Shelley Vana, District 3** extended good wishes for the New Year and commented on the financial challenges facing the county over the coming year.

### Capt. Martin Bechtel, PBSO Commander, Dist. 6: Crime stats for the month 11/16 to 12/15

- 16 stolen vehicles—two recovered, six arrests
- 12 business burglaries
- 73 vehicle burglaries—52 were unlocked
- 3 suspects with criminal records apprehended and a stolen AR15 shotgun recovered.
- 51 residential burglaries—13 homes unlocked.
- 14 robberies—4 suspects arrested
- 1 suspect arrested for bank robbery
- Deputy of the Month—Jerry Gelfand
- Tip of the Month—Inventory the items in your home and car, take photos of items.

**Tom Tolbert, Fire-Rescue New Chief of Battalion 4 replacing Mike Wells.** Lights and decorations are used both inside and outside of homes at this time of the year. Please be sure all lights are plugged into a system with circuit breakers. This will help prevent fires caused by overloading and/or old wiring.

### Susan Bucher, Supervisor of Elections (Elect)

"I'm already working although I won't be sworn in until Jan. 6. I'm looking into the training of poll workers."

**Barry and Felicia Volkman, Boynton Regional Symphony Orchestra** The 2009 Season will consist of three concerts on Jan.10, Feb. 21 and March 28. For info call (561) 509-5607 or on the web at [www.brso.net](http://www.brso.net).

### COBWRA Reports

#### Barbara Katz, COBWRA President:

Thanked **Chris Sonia** and her committee **Audrey Arian, Ken Lassiter, Jack Leicher** and **Peter Cavadi** for the excellent "Celebration of COBWRA" exhibit.

**Audrey Arian, Frank Cuomo, Lew Doctor, Sam Hershkowitz and Sandy Parker** were elected to the five member committee to nominate COBWRA officers for the year of 2009-10.

**Sam Hershkowitz Co-Chair, Growth Management:** A motion was approved to accept a land use

change and zoning change amendment for the property on Hagen Ranch Rd. across from Valencia Lakes. Changing from residential to institutional will allow the proposed building of an ALF (assisted living facility).

**Bob Katz, Communications Director:** COBWRA's website has been open for a while. Few of the members who were sent an invitation to access through LinkingCommunities have responded. The website was set up for COBWRA. We need to know what information interests you. Every resident of a COBWRA community is a member of COBWRA. They can get onto the public viewing site by typing [www.linkingcommunities.com/cobwra](http://www.linkingcommunities.com/cobwra) into their internet browser (Internet Explorer, etc.). Registration is required to view the private portion.

### New Business

**Stephen Kirschtel, Alternate Delegate, The Club at Indian Lakes** said that T-Mobile a cell phone company, requested a variance to erect a 100 foot lighted relay tower flying a 12' x 15' flag on church property that abuts our community (Request withdrawn). "The zoning regulations were created and passed when West Boynton was not developed to the extent as it is today. We feel the zoning requirements need to be updated to reflect West Boynton as it exists today. COBWRA is requested to help with this problem." A motion was made and approved for COBWRA to accept the request.

**Avi Hoffman, New Vista Theatre:** His next production, "Eve's Song" opens at the Little Theatre at Santaluces High. It is based upon a true story of two immigrants who meet, fall in love and suffer the results of a love triangle. For info call (888)248-4633 or visit [www.newvistatheatre.com](http://www.newvistatheatre.com).

### Future Meetings (Open to the public)

**Jan.6:** 6:30 P.M., **Growth Mgmt** at PBSO Dist 6

**Jan date TBA** delegate meeting with **Rep. Robania** re: COBWRA input on new HOA and Condo laws

**Jan. 12:** 1 P.M., **Presidents Forum; at Valencia Shores** Topic; Property Managers Network

**Jan.21:** 9:30 am, **Delegates mtg** at Avalon Estates, Hagen Ranch Rd between Woolbright Rd. and Pipers Glen Blvd. Program: TBA

**Jan. 28:** 9:30 am, **Security Awareness** at PBSO Dist 6 Security Awareness always meet on last Wed. of month

**By Bob Katz, COBWRA Communications**  
[www.linkingcommunities.com/cobwra](http://www.linkingcommunities.com/cobwra)

*Note: These COBWRA highlights are slightly abridged.*

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## *Gardening in the Isles*

By

*Stan Davidson*

Did you know that one can make New Year resolutions for your gardening chores? We all desire to grow healthy plants this coming year. Let's make a list of New Year resolutions for our plants and landscapes. Resolve to:

- Apply a 2-3 inch layer of mulch to improve the appearance of a planted bed and provide a highlighted background for the plants. Over time, the decomposition of the mulch will add valuable nutrients to our sandy soil. Our irrigation system will supply water twice a week to our beds and mulching will retain this moisture that our plants require, especially during the dry winter months. The mulch will also smother emerging weeds and prevent the weeds from propagating throughout our community.
- Look for pest free and disease resistant plants when adding annuals and perennials to your garden. In the summer select plants that will tolerate the heat. For example, one should not plant cool weather plants such as impatiens in the summertime in South Florida.
- Use only well drained areas of your garden if you plant outdoors. For both indoor and outdoor potted plants use a soil-less mix and add drainage holes at the bottom of the pot to ensure good drainage.
- When purchasing new plants inspect the plants carefully to find any evidence of invading insects such as mites, scale insects or mealybugs. The new plant should not have any yellowing or wilting foliage and should not be pot bound in its container. The foliage should be green and shiny.
- Spread a circle of mulch or stone around your trees, especially the palm trees, to prevent lawn mowers and trimmers from damaging the tree trunk. A wound from lawn equipment can be fatal to a newly planted palm tree. Keep mulch a few inches away from the stems and trunks of new plantings to prevent moisture retention and eventual root rot.
- Inspect your landscape periodically to spot pests and diseases. Use contact pesticides such as dish soap
- and water for immediate control and systemic chemicals for long term control of pests. I recommend Bayers Advance Tree and Shrub Pest Control.
- Irrigate new trees and shrubs well for the first two months, especially during dry weather, to establish good root development.
- Use professional help when you need a disease or pest diagnosis if the cause of the problem is not evident. Usually this help is available at local nurseries or from the Palm Beach County Extension Service.
- Prune all shrubs periodically to maintain their shape and to stimulate growth. For example, your bougainvillea is known as the "plant of neglect;" give it plenty of sunshine and very little water and it will grow profusely. However, an occasional hard pruning is required to keep it healthy and to stimulate further growth and flowering.
- Fertilize the landscape with palm and ornamental fertilizer three times a year (March, June and October). Fertilize the lawns four times a year (February, May, August and November) with turf fertilizer containing pre and post emergent weed killers and pesticides. This schedule is specified in our Majestic Isles landscape maintenance contract, so this resolution is fulfilled with no effort on your part.
- Check the irrigation system periodically to ensure it is programmed correctly, sprinkler heads are being maintained and cut out areas are made around the sprinkler heads. This resolution, too, is being fulfilled by our maintenance contract
- The resolution for the New Year of gardening is: "old gardeners never die, they just spade away!!"

*Happy Gardening in 2009!*

## GROW, GREW, GROWN

By Naomi Marcus

A perplexing word is “**grow.**”  
 Why not spell it like “toe?”  
 Or stretch it out to “dough”  
 Or shorten it like “no.”  
 Why not pronounce it “cow?”  
 (It looks like “now,” “how” or “chow.”)

And take that strange word “**grew.**”  
 Why not spell it like “Sue” or “gnu?”  
 (Shouldn’t the past of grow be “growned?”  
 A word we could spell as “groad”  
 It rhymes so nicely with “toad”)

And then we come to “**grown**”  
 A homonym for “groan”  
 But it doesn’t rhyme with “gown”  
 (A word pronounced like “noun.”)

Orthography – a topic mysterious.  
 It leaves me worn and delirious.  
 English is – I will swear an oath –  
 A testament to unplanned **groath.**

## THE COMPUTER SWALLOWED GRANDMA

Author unknown



The computer swallowed Grandma.  
 Yes, honestly it’s true!  
 She pressed “control” and “enter”  
 And disappeared from view.

It devoured her completely,  
 The thought just makes me squirm.  
 She must have caught a virus  
 Or been eaten by a worm.

I’ve searched through the recycle bin  
 And files of every kind;  
 I’ve even used the Internet,  
 But nothing did I find.

In desperation, I asked Jeeves  
 My searches to refine.  
 The reply from him was negative,  
 Not a thing was found 'online.'

So, if inside your “Inbox,”  
 My Grandma you should see,  
 Please “Copy,” “Scan” and “Paste” her  
 And send her back to me

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## INVESTORS DISCUSSION GROUP

By Al Silverman---Facilitator



The market is still boiling and roiling and swirling and toiling with fear and uncertainty induced by the current U.S. and worldwide financial crises. Add to things, the end of the year tax loss selling, the interest rates on short term treasuries going to zero, serious loss of jobs, companies large and small close to or actually going bankrupt, etc. etc. What can we look forward to in the year 2009?

Well, the government is rising like a humongous monetary giant, throwing money in all directions in an attempt to reverse the movement to Armageddon. It is expected that housing, and the economy in general, will ultimately reverse course and lead to a more normal environment. The timetable is debatable, but one end result will probably be high inflation.

“How do we handle our investments?”

- Consider tax-loss selling (should have been done before year end).
- Buying bonds or bond funds may incur considerable risk when inflation rears its ugly head. Until then, deflation is the near-term concern.
- Many securities, including Exchange-traded Funds (ETF's), are selling at depressed levels causing yields to rise. Even though they may cut their dividends, the yields may still be attractive, and there is the potential for capital gains as the economy improves. The same can be said for preferred stocks.
- Remember the catchword “Cash is King.” While there are many potential attractive situations, go slow if you are inclined to go at all—and always, always, always—**DO YOUR OWN RESEARCH** and understand what you are buying before you take the plunge.

Let's struggle with the question “Are we near the bottom.” Some commentators' say we are close to a

bottom. Others say the financial crisis has a way to go before we begin to recover. Some investment analysts say you will never get a better opportunity than now to invest for the long term. This reminds me of the judge who said to the two contestants before him, “You are both right but I will defer judgment for six months.” The markets will probably have bottomed approximately six to nine months before the housing market bottoms.

With regard to the high yields you see published in the financial newspapers, Yahoo and others, the data is historical, meaning based on the last periodic payment. The yields are high because the current price is substantially lower than the original offering price, which may make it a good time to consider purchase. Prices of closed end funds have also fallen, providing high yields. Some dividends may be high because of special payouts. Many of them, in order to provide uniform monthly or quarterly dividends, pay a return of capital when they don't earn enough to cover the dividend. We discussed some examples at our meeting on Monday, Dec. 15, 2008.

Happy New Year to all!



## MOVIES MOVIES MOVIES

**SATURDAY, JANUARY 31 at 8 p.m.: MAMA MIA** Based on the international hit musical featuring the songs of pop superstars ABBA, this charming tale centers on a bride-to-be (Amanda Seyfried) and her plan to uncover her father's identity by inviting three of her mother's (Meryl Streep) former lovers to her wedding. Produced by Tom Hanks and Rita Wilson, this big-screen adaptation also stars Pierce Brosnan, Colin Firth, Stellan Skarsgård and Christine Baranski.

A \$1 per person donation is collected at the door. If you plan to attend, we do ask that you sign the sheet in the back lobby to give us an idea of how many people to expect.

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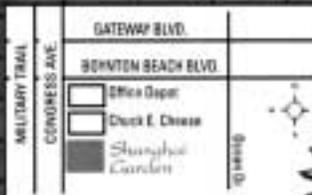
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**TAKE-OUT MENU**

## MORE THAN JUST THE BIG BAND ERA

By Josh Katz



### FRANCIS LANGFORD.

Frances Langford (real name – Francis Newbern) will forever be remembered for her dedication to the war effort during the 1940s. As a regular member of **Bob Hope's** USO tour she became a favorite of American troops around the world. Though she spent most of her Hollywood career appearing in minor films she introduced several major hits, including "I'm in the Mood for Love" and "Hooray for Hollywood." Her career on radio and television kept her busy through the early 1960s.

Born in Florida, she made her professional debut on local radio in 1930, where she was discovered by singer **Rudy Vallee**. Vallee offered her a spot on his radio program. After leaving Rudy, she signed with NBC, where she had her own program.

She made some musical shorts in Hollywood from 1932 thru 1934, but her film career didn't begin in earnest, until 1935 when she co-starred in the motion picture, "Every Night at Eight," singing "I'm in the Mood for Love." The song remained associated with her throughout her career. She made more than 30 pictures over the next 20 years.

Langford began her long association with **Bob Hope's** USO tour in May 1941 and continued to tour with Hope through both the Korean and Vietnam wars. During her travels with Hope, Langford often experienced the hazards of war first hand, taking shelter during bombing raids and dodging aerial attacks. She also survived the crash of the show's airplane in Australia.

In the late 1940s Langford starred with **Don Ameche** in the radio comedy *The Bickersons*, which transferred to television for the 1951-52 season as the *Frances Langford-Don Ameche Show*. In 1954 she made her last Hollywood appearance in *The Glenn Miller Story*. Langford eventually settled down in Jensen Beach, Florida, with her second husband, outboard motor magnate Ralph Evinrude.

Frances Langford passed away from congestive heart failure in 2005.

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Do you remember the sponsors for many of the famous old-time radio (and TV) programs? Well – here are some.

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 Bob Hope - Pepsodent toothpaste  
 Red Skelton - Raleigh cigarettes  
 Rudy Vallee - Fleischman's Yeast  
 Eddie Cantor - Texaco gasoline  
 Ed Wynn - Texaco gasoline  
 Kay Kyser - Lucky Strike cigarettes  
 Edgar Bergen - Chase & Sandborn coffee  
 Groucho Marx - Desoto automobiles  
 Burns & Allen - Maxwell House coffee  
 Your Hit Parade - Lucky Strike cigarettes  
 Ernie Kovacs - Dutch Masters cigars  
 Lawrence Welk - Dodge automobiles  
 Dinah Shore - Chevrolet automobiles  
 Aldrich Family - Grape Nuts flakes  
 Frank Sinatra - Old Gold cigarettes  
 Bing Crosby - Kraft cheese, Philco TV's  
 Ed Sullivan - Lincoln-Mercury automobiles  
 Milton Berle - Texaco gasoline

## SOME ODDS AND ENDS

7-Eleven was the first convenience store to advertise on television.

The first TV commercial was by the Bulova Watch Company. The company paid \$9.00 for the 10 second commercial.

In the Wizard of Oz, Toto the dog's salary was \$125 a week, while Judy Garland received \$500 a week.

## RADIO BLOOPERS

The announcer introduced the song "Lazy Gondolier" as **Lousy Gondolier**.

Join the Bond a Month plan became "**Join the Blonde a Month Plan**."

"You are tuned to station WOKO – Albany's first station" came out as Albany's **Worst** station.

Hope you all have a very happy New Year.

Back next month

## FORTUNE COOKIE MESSAGE.

By Phyllis M. Cohen

“May you live in interesting times.” It sounds like a quote you get in a fortune cookie after you’ve eaten your fill of moo goo gai pan. In fact, the sages say it’s more of a Chinese curse than a benediction: somewhat on the order of being careful what you wished for. Interesting times can be magical, exciting and joyous. They can also be full of challenges, obstacles, and problems that overwhelm you. And so, as the gloomy year of 2008 slips unmourned into 2009, the last year of the first decade of the 21<sup>st</sup> century, (can we all agree that 2000 was the first year?) it seems that we have indeed lived through an interesting time.

Even the weather was challenging with enough heat to worry the global warming theorists as polar bears and other Arctic creatures faced shrinking environments, and enough days of heavy early snow all over the Midwest for the critics of the theory to say “I told you so.” And though we managed to keep hurricanes from our door, other nearby islands and countries were racked by natural disasters, as well as flooding, forest fires and tornadoes.

It was a year in which Americans may have finally given up their love affair with big fat gas guzzling cars. As gas prices skyrocketed past the \$4 mark, many started to rethink their vehicle choice, opting for smaller vehicles, less travel, and alternative transportation and fuel choices. Hopefully, the subsequent free fall of gas prices down to below \$2 may not have duped us once again, and both the government and individuals will continue to work on relieving us of our dependence on oil.

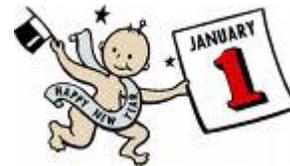
Another “interesting” aspect of the past year has been the tsunami of bad economic news that has washed over all of us. The great foundations of our belief in our economy crumbled as banks, mortgage companies, investment companies and corporations started to falter. The public was treated to the sight of auto company CEO’s, dressed in their \$1,000 suits arriving on private jets, hat in hand, to beg for a handout from Congress. Like too many of us, they had all been living high off the hog, (no relation to that lipsticked pig) spending what they didn’t have, overextending their credit and borrowing, and generally living for today, regardless of the consequences.

It was a year in which the nation of China put on a spectacular summer Olympics, orchestrated down to the last detail, in which hundreds of drummers, dancers, and athletes performed flawlessly. Yet there was an alarming absence of government oversight into protecting their own citizens, and people in other countries, from the abuse of manufacturers poisoning their food and medicine supply or producing shoddy building materials.

It was a year in which eating too much was treated as a crime requiring government interference. If you weren’t a closet eater before, you may become one now as some states require calorie counts on meals and the banning of trans fats in foods. Like smokers, are the overweight destined to be seated in alternative dining room where they are fed lettuce leaves and diet sodas? Can you visualize hiring some underweight, unemployed person to pick up your takeout order of pasta Alfredo, or speakeasies where calorie rich foods are served? The password, “Paula Deen sent me.”

I’ve saved the best for last as we finally saw the end of the country’s longest presidential campaign. It was a campaign in which McCain quoted Democrat FDR and Obama was compared to the Republican Party hero, Abe Lincoln. So challenging is the year ahead that Conan O’Brien joked after the elections: “The Secret Service caught a man trying to climb over the fence at the White House. ‘Mr. President,’ they said. ‘You have to go back into the White House. You still have two months to serve.’”

We learn that the dynamic and outspoken Sarah Palin has signed a book contract, advance unknown, describing the campaign and her views. In all likelihood, we can probably anticipate sequels, like “Dress for Success,” and “1000 Recipes for Moose Burgers.” On the Democratic side, we can probably expect an autobiography from whatever puppy the Obama girls finally get, like the stories we have heard about other first family animals, Fala, Buddy and Milly. I suggest titles such as “The Straight Poop From the White House.”



Happy 2009! May it not be too interesting.

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## INTRODUCING....

### Ted & Florence Lipschitz

By Claire Deveney

Ted and Florence Lipschitz are warm, welcoming, amazing, multi-talented, bright, articulate and more. Ted says, "We met at the hospital when we were born in the Bronx." Florence explains that are the same age, grew up in the same neighborhood and their parents were friends. Ted graduated from the New York School of Printing and Florence graduated from Christopher Columbus High School. After high school Florence was head bookkeeper for a sports-wear firm in Manhattan.

Ted was a pressman for *The New York Herald Tribune* for two years before being drafted into the army. He served in the 36<sup>th</sup> Infantry from 1942 to 1944 in Sicily and Salerno and fought in the Battle of Monte Cassino. In Salerno he was in the first wave; of the 142 men in his unit, only 11 survived. "The reason we survived," said Ted, "was we went into the sewers and we were relieved when they shipped in other divisions. They called us the suicide division because at the battle at Monte Cassino the U.S. bombing could not get the Germans out and we were sent in to get them." Ted was severely injured, his feet were frostbitten, and he was hospitalized first in Italy, then in North Africa. After ten weeks in yet another hospital, in Rome, he was discharged. He was honored with a "stack of medals including the Purple Heart," he explains. Before being sent to the hospital in North Africa, Ted was listed as "missing in action," because all of his identifications – his dog tags and an ID bracelet Florence had given to him, were blown off at the battle at Monte Cassino.

The Sunday he returned home, the entire neighborhood welcomed him; the barber even opened his shop and gave Ted a haircut and a shave. The local shoemaker made him new shoes, and the tailor made him clothes.

Ted and Florence married on June 24, 1945. In 1946, they bought a 1941 Ford coupe with a rumble seat. While they were visiting Florence's sister and her husband in Philadelphia, Florence's sister mentioned that an apartment across the street was becoming available. Her brother-in-law, who was in the upholstery business, asked Ted if he'd like to learn the business. Florence and Ted rented the apartment for \$29 a month. They lived in Philadelphia for three years until their first daughter was born, then moved

to Drexel Hill, a suburb of Philadelphia, for 11 years and then moved to Mt. Airy in Philadelphia.

Ted worked for his brother-in-law for 10 years and then became a senior executive with one the largest upholstery and decorating firms in Philadelphia, with a factory of 100 workers. Five years later, in 1960, Ted and Florence formed their own company, Excel Craft Upholstered Furniture Company, with a separate retail showroom in a residential area. They ran this successful business for 23 years.

An injury confined Ted to bed for 3 months and he could not walk for two years. After they moved to Florida in 1987, he started to walk again and even took up tennis. Florence, who enjoyed the game, encouraged his playing. They lived in Lake Worth for 11 years and moved to M.I. 10 years ago. For many years Ted was an avid tennis player here.

Ted and Florence raised two daughters and have six grandchildren and two great children. Their daughter Melinda, her husband, Steve, and their grown children live in New Jersey. Their daughter Pamela, who died 10 years ago of multiple myeloma, was a professional pianist who played with the Boston Symphony Orchestra. Pamela's husband, who has remarried, and their children live in the Boston area. On Thanksgiving Ted and Florence celebrated with 30 family members gathered in Weston, Florida.

Florence came from a musical family and is an accomplished saxophone and clarinet player. She says, "I took piano lessons for 3 years and when I was 11, I became interested in the saxophone, my parents bought me one and I was introduced to Irving Horowitz, the lead reed man in the NBC Symphony Orchestra." She took lessons from Horowitz at his home. Later she bought a Buffet clarinet on time, worked with a booking agent and played at weddings and bar mitzvahs. She also played at Lake Placid and Saranac Lake; those concerts were broadcast on radio twice a week. Horowitz knew Artie Shaw well and persuaded him to give Florence his Gold Selmer Saxophone because Shaw primarily played the clarinet. Ted and Florence's daughters played dual pianos at their home in Philadelphia.

The Lipschitzes are active members in the Yiddish Club, Life Members and Pap Angels of the Cancer Unit of the Pap Corps, the Social Club and M.I.L.T. Florence also belongs to Hadassah and Women's Club and Ted is a member of the Men's Club. Ted and Florence are fabulous and enrich us all.

## FLAVORS OF FLORIDA

By Donna Shaneson

Happy New Year!

Florida Atlantic University (FAU), 777 Glades Road in Boca Raton, can be a source of fun and education for visitors and residents of South Florida. There are concert series, plays, summer theater series and more. For information, call the Carole and Barry Kaye Performing Arts Auditorium at FAU (561- 297-4016), Studio One Theater at FAU, (1-800-564-9539) and the University Theater (1-800-564-9539) or check online at [www.fau.edu](http://www.fau.edu).

I've said it before, and I'll say it again: Don't forget the Downtown Delray Library. Those of you lucky enough to be at the Women's Club when Dr. Watson spoke will be delighted to learn that he is speaking at the library on Jan. 15 at 2 p.m. He'll be discussing his new book, which deals with Israel and the legacy of Harry S. Truman. The talk is free of charge.

January is a month of other fantastic activities at the Downtown Delray Library. Offerings include morning, afternoon and evening book groups and a terrific Healthy Living Series where local medical professionals discuss current issues in medicine. The library also offers the Understanding Other Cultures Book Discussion Group - America: Melting Pot or Mosaic? On Jan. 15 at 10:30 a.m., this group will discuss "The Jew Store" by Stella Suberman. Don't overlook the armchair travel series. Harold Richler which will focus on Greece on Jan 20 at 6:30 p.m. Sun-Sentinel Travel Editor Tom Swick will present a program on seven joys of travel on Jan 21 at 6:30 p.m. Information is available online at [www.delraylibrary.org](http://www.delraylibrary.org) or by phone at 561-266-0194. The library is at 100 W. Atlantic Ave, Delray Beach.

Our own W. Boynton Beach Library offers morning and afternoon book discussion groups led by lively Nora Natke. The morning group will discuss "Gravedigger's Daughter" by Joyce Carol Oates on Jan 15 at 11 a.m. That afternoon, at 2 p.m., the discussion will focus on "Exile" by Richard North Patterson. The library is located at 9451 Jog Rd., Boynton Beach (734-5556).

Speaking of libraries, there is a wonderful new branch of the Palm Beach County Library on Hagen Ranch Road, on the east side of the road a little north of Atlantic Avenue. This library has more than twice

the space of the Atlantic Avenue branch that it replaces. The Palm Beach County Library website, [www.pbclibrary.org](http://www.pbclibrary.org), has a full listing of the greatly expanded services and programs.

For a delightful afternoon, take a walk on Pineapple Way, NE 2<sup>nd</sup> Ave in downtown Delray, off Atlantic Ave. This charming block features many beautiful boutiques and fun little curio shops. The Palm Beach Photographic Center is located at 56 NE 2<sup>nd</sup> Ave. Call 561-276-9797 for their next exhibit. They offer wonderful photography classes and terrific exhibitions. They offer digital photography classes just in case your new camera is still in the box.

The Main Stage Productions Willow Theater in Sugar Sand Park offers "Into the Woods," presented by the Boca Theater Guild on Jan 16, 17, 22, 23, 24, 29, 30, and 31 at 8 p.m. The cost is \$19 in advance and \$20 at the box office beginning Jan 16. "Into the Woods" intertwines the plots of several Brothers Grimm fairy tales. Also at Sugar Sand Park, the Orquesta Nostalgia treats you to hot bug band Latin Music. Get ready to mambo, cha-cha, or to just enjoy the sounds of the famous Big Bands of the 50's era on Jan 11 at 2 p.m. The cost is \$15. Take Military Trail to Palmetto Park Rd. For the Willow Theater box office, call 561-347-3900.

The Cornell Museum of Art and American Culture feature vintage items from the 40's, 50's and 60's. Step back in time and experience a slice of life. You will probably recognize much of this stuff from your Mom's house, such as old toys and vintage items. Remember the Kingston Trio will be appearing at the Crest Theater Jan 16-18. [www.oldschool.org.51](http://www.oldschool.org.51) N. Swinton Ave. Call 561-243-7922



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## ISTA" THIS AND "ISTA" THAT

By Thelma Mechanic



"The World is Flat" according to Thomas Friedman, but our communication system is changing too, as I see it. In Public School the three "R's" were reinforced by rote and much practice, perfect penmanship too was emphasized.

Now, a generation or two later, math is simplified with the use of a calculator. With the flip of one's fingers, presto, the correct numbers appear. Penmanship has been eliminated altogether. The internet and the new technology of the computer age have all but eliminated the need for script. Consequently, an entire new vocabulary has emerged in our use of language. The Bill Gates era has introduced "download," "Blog" and "MyFace" and multiple new expressions that have filtered into our everyday vocabulary.

In recent months, I have noticed a newly concocted suffix infusing our vocabulary via the daily newspaper. I'm referring to the suffix "ista". For example, in a recent article concerning the Clinton political era, democrats who were Clinton followers were formerly called "Clintonites". The article, however, referred to them as "Clintonistas."

"Ista" has introduced a vocabulary of its own. The trendy world of fashion picked up the usage with "fashionista.". If you are one who closely follows fashion, consider yourself a "fashionista." On an equal footing are the "stylistas" who set the pace in the fashion world.

It is this recession period, however, and the stalled economy that receives the most newspaper coverage. Lower price tags attract consumers. These consumers are now called "recessionistas." This refers to those who are budget-conscious in bearish times. Here's a simple formula for the bargain-conscious: If a garment costs \$100.00, and you wear it 10 times in a year, then each wearing costs \$10.00. If you purchase a bargain simply for its low price and you never wear it, then it's no bargain at all!

Yes, we are all concerned about our budgets. However, if you are more bargain-conscious than ever and are a thrifty discerning shopper, we have a

name for you. It is William Safire's (the linguistic guru) word-of-the-year: "frugalistic." He maintains that frugalistic is the perfect noun for our times. It refers to, bargain hunting but not altogether abandoning good food and good value. Join the "frugalistas" and become a recession warrior!

How did all these "istas" come about, you may ask. Research informs us that "ista" is the Spanish version of the English suffix "est". It became popular back in the "Sandinista" movement, for those who supported the Nicaraguan Socialist leader Auguste Cesar Sandino. For whatever reason, the American fashion world picked up the suffix "ista" and it has been used in many contexts since. For example, many reporters have been called "scandalistas." Journalists are called "journalistas." Linguists or the word police are designated "wordinistas."

If the "ista" trend continues, perhaps the residents of Majestic Isles will be known as "Majesticistas." How does that hit you!!

## ON THE WAY TO THE NEWSLETTER

By Betty Wachtel



The computer gremlins lie low for most of the month, but their reappearance as we're in the last stages of putting together the Majestic Isles newsletter is one of the few certainties of life. The gremlin's bag of tricks is bottomless. We solve a problem one month and it never appears again -- but at predictably as the sun rises, at least one new problem show up the as we prepare the next issue. Last month, the computer gremlins were really on the rampage and it took until the day before Thanksgiving to get them under control.

So, folks, we're sorry the December issue was late. Anybody know a good exorcist?

### **RESOLUTION: SAVE MONEY**

*The Prez says it's a depression*

*We're all singing the blues*

*No more shopping in Boca or Caribbean Cruise*

*No more dining at Tibo's or diamond collar for Rover*

*I think I'll take a nap; wake me when it's over.*

## SOUTH AFRICA ON A BIKE

By Edye Frankel

For quite a while, one thing that had inhabited the top of my “Bucket List” was to experience the adventure of bicycle touring in an exotic foreign country. On October 20 I embarked on that adventure—to go bicycle touring in South Africa. The trip was a very long one (18 hours in the air), but with the help of a sleeping pill, I was able to fight off the jet lag, and disembarked from the plane a somewhat refreshed and eager biker. When we arrived at our first hotel (Winchester Mansions) in Cape Town, at 9:30 p.m., we were informed that breakfast was at 7:00 a.m. and our first bike ride was to begin at 8:00 in the morning! No rest for the weary traveler. The ride turned out to be a manageable distance (only 15 miles), but not such a manageable terrain! After only five or six miles, I found myself pumping the pedals uphill with great difficulty--and I thought that all my 20+ mile training bike rides in Florida had prepared me to be an accomplished rider!

Eventually the mountainous grade became too difficult, and I was forced to walk and push the bike. This exercise of combined biking and walking became the norm rather than the exception for me as the African mountains were not only beautiful, but also numerous and so very difficult. We rode for seven of the 10 days of our stay. As you may have gathered, this was quite a humbling experience. I was the slowest rider of the group of 15 and found myself riding apart from the group most of the time, with only the rear tour guide for company. The two of us had some wonderful conversations and became “riding buddies.”

Our bicycling, difficult as it was, took only four or five hours, so we had the rest of the day for some “conventional” touring. Our bus, and very helpful bus driver, took us to very interesting places that gave us a first hand taste of some life styles in South Africa. In South Africa there is no middle class to speak of. Most people are either very, very rich or very, very poor; those who are “in-between” are negligible in numbers.

Many people from the northern African countries have the impression that such a large city as Cape Town and its neighboring areas must have many opportunities for jobs and money. With that in mind, they migrate south in search of an easier life. Unfortunately, when they arrive, they find that there

are no jobs and they are forced to settle in townships of one-room shacks with no running water and no electricity. These townships are quite large and numerous throughout the land.

Our bus stopped at the township of Masiphumelele, which means “success” in their language, Koza. One of the main activities of the people here was to refurbish badly broken bicycles, donated mainly from Holland and some other countries, by using parts from other donated bikes. Our group rode those broken bicycles through the township with one of the resident young men for about 1½ hours. As we rode, little children hopped onto the backs of the bicycles and excitedly rode with us. I was thrilled by the trust and openness of all of the people we met; most of them were constantly smiling sweetly. Along the way we stopped at a residence where a medicine man, a woman training to be a medicine woman, and others sang and danced for us. They also offered answers to any questions we might have. We stopped at another residence whose owners were attempting to start a B&B. They had two rooms, one of which was to be for guests. They offered us beer and/or tea and desserts and answered our questions.

For me, this side trip was one of the main highlights of the entire trip. These townships are considered “inclusive societies” in which everyone’s home was open to everyone else. There was no jealousy among the residents, nor was there stealing. Everyone seemed to be happy, despite the extreme poverty. “Back to basics” was certainly appealing here!

Our safari into Addo Elephant Park stands out as another highlight. We saw numerous animals in their natural habitat. We saw hundreds of elephants visiting watering holes, wallowing in the mud, babies suckling, etc. My knowledge of the animal world was expanded to include a protected beetle. The Dung Beetles (and the dung they eat) will stop traffic as they cross the road pushing elephant dung 10 times their size. I was amused that our bus had to wait while one of these beetles crossed the road.

Just one additional note: As we drove through the land, we saw a billboard demonstrating how much the United States remains in the world’s eye. The billboard said “GO FORWARD, BARACK OBAMA!” The people were all eagerly and enthusiastically awaiting the results of our election!

This wonderful experience is truly unforgettable and I’ve enjoyed sharing it with you.

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## SOCIAL CLUB

By F. Cohen, R. Dick and S. Fefferman

The Social Club board wishes everyone a happy and healthy new year. As we begin 2009, we look forward to the first of our fantastic series shows with headliner, Mal Z. Lawrence and singer Andy Davis. Seats are still available for this show at \$35 per person. Also, there are still tickets to be had at \$65 per person for the three show series. Contact Arlene Koch (736-4315) or Joan Sorkin (733-8380). Please note that the first show is on **Saturday, January 24** at 8:00 p.m. Tickets will be distributed early in the month, so watch channel 63 for the dates. Prior to the show, the Social Club will host a champagne reception on the pool patio from 7:00 p.m.–7:45 p.m.

As this is being written, we're looking forward to the grandkids party, with various activities planned for the children, including arts and crafts, fishing, a pizza luncheon and a movie. The highlight attraction, will be the show with entertainer Suzy Hammer as "Salty Sue the Pirate," seems sure to delight young and old alike with her performance. We thank all the volunteers who helped with the grandkids' events.

We're also looking forward to welcoming 2009 at the annual New Year's Eve party in our clubhouse, with dancing to a three-piece band and vocalist. Certainly, the partygoers will usher in the New Year in high spirits. We extend a hearty thanks to Karen Cohen, Helen Mai and their hard-working committee. A big thanks goes to Rita Dick for her expertise in supervising the decorations of our ballroom, despite the fact that she has recently had back surgery.

The Toys for Tots Program headed by Francine Gitto, Nancy Levitan and Linda Kessler was a success. A special thanks goes to Tom Shaffer for his large donation of toys, which is his annual gift to this project.

Our in-house movies are still being well attended. However, due to a lack of volunteers, scheduling is now once a month. The next movie date is Saturday, January 31, at which time we'll show "Mama Mia."

On Tuesday, February 17 at 7:30 p.m., we will hold our first general meeting of 2009, and will be entertained by a choral group from Olympic Heights High School. The Social Club is anticipating another year of excellent shows and fun-filled parties.

Please join our club by promptly paying your dues (\$5 per person) to MISC.

## ARTS and CRAFTS SHOW

The much-anticipated yearly arts show event at Majestic Isles is scheduled for Sunday, January 18 from 2 to 5 p.m.

Many of the creative and talented artists residing in our community will participate. There will be original paintings, sculptures, ceramics, jewelry, needlework, photography, graphics and more for your viewing pleasure.

Refreshments will be served courtesy of our Social Club. Join us and meet the artists in our elegant ballroom.

Anyone wishing to display his or her work in the Art Show must sign up by Tuesday, January 6. Sign up sheets are posted in the rear lobby.

### Committee

Marilyn Friedberg	742-5766
Marilyn Milano	737-8103
Irene Freedman	742-8103
Roberta Jaffie	733-2312

## NEW CERAMICS CLASS

By Sandy Gardner



In September 2008, our new teacher, Gert Pernicano, who has been in the ceramics field for over 30 years, revitalized our ceramics classes. She has brought fresh ideas and merchandise to Majestic Isles, and the ceramics classes have become a real enjoyment. In addition to the stock held in our Clubhouse craft room, Gert also has a catalog of all of her items available to be prepared by her with the large number of molds located in her studio.

We would love to have those residents that are interested in this art form come visit with us in the craft room on Monday afternoons from 1 thru 3 p.m.

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## YOGA CLASSES

By Luise Levine



Yoga is an Eastern belief system developed many centuries ago. Yoga means "union," in the sense that body and mind are intimately connected. Control of one's breath, holding the body in steady poses (Asanas) creates harmony.

Breathing, exercise, diet, relaxation, positive thinking and meditation all ease tensed muscles, tone-up internal organs and improve flexibility

Proper breathing cleanses lungs of stale air and eliminates toxins from the body. Yoga can be done at any age or level of fitness. It is non-competitive, done at your own pace, aids digestion and circulation and can reduce the effects of arthritis. Yoga postures will improve concentration and relieve stress by releasing tension in the body.

You don't have to stand on your head or twist your body into a pretzel. If you're breathing, there is something you can do to energize, calm, build stamina and promote good mental health and inner peace.

Yoga classes are held in our clubhouse ballroom at 10 a.m. on Wednesday. Bring a mat or towel, dress comfortably and join us.



## JAMES E. BUFFAN GOLD COAST BAND CONCERTS



These excellent concerts are held at Boynton Beach Civic Center on the southeast corner of Boynton Beach Boulevard and Seacrest. James F. Fader is the Director/Conductor and the flutist is Majestic Isles' own Buddy Koch.

All concerts are on Thursday evenings at 7:30 p.m. The schedule for the rest of this season is: Feb. 5, March 12, Apr. 16 and May 14.

Tickets are \$5.00 per person.

## "THE" SINGLES

By Myrna Levine

Our holiday outings were enjoyed by all... thank you (1) to Marge for arranging the Randy del Lago show who, as always, delivered a sensational program; and (2) to our ladies – Roberta, Roz, Norma & Naomi for our tour of "New Year's Around the World!" Good food and good friends – what else is needed?

Coalition Events...remember unless otherwise stated contact Barbara Roland (369-2772) for further information.

### JANUARY

11 – Cascades Singles – An Evening at Tatiana's Russian Nightclub. Dinner Show & Bus \$56.

19 – Ponte Vecchio "Music from Spain" featuring singers and flamenco dancers at Benvenuto's. Lunch, the show and gratuities are included in the \$30 price.

### FEBRUARY

6 – "Forever Liza" 8 p.m. at Olympic Heights High School. Tickets \$16.

12– Valencia Isles - Second Annual Valentines Day Party. \$15 pp includes beverages, snacks and dessert.

22 – Ponte Vecchio West - Original Florida Follies presents "That's Entertainment."

### MARCH

2 – Palm Shores – 12:30 p.m. SteinMart presents "Coordinate your Wardrobe." Contact Anita Sokoloff (364-8360). Reservations by Jan. 15.

11 – Aberdeen – Fairchild Gardens & Miami Tour. The cost is \$61 per person including the bus.

14– Venetian Isles "Les Miserables" at Actors Playhouse, Coral Gables. \$59 for show & bus. Lunch on your own.

29 – "Cagney" Florida Stage at Manalapan.

## NEW YEAR'S RESOLUTIONS 2009

### **Resolution: Clean Up**

*Clean out the fridge*

*That's easy to do*

*Throw out anything fuzzy, or purple or blue*

### **Resolution: Lose Weight**

*No more candy and no more dips*

*No more pies or chocolate chips*

*No more pizza, no more bread*

*Cheesecake factory? Forget what I said.*

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**M.I. CANCER RESEARCH UNIT**

By Bobbe Greene

Our next meeting will be held on Thursday, January 29 at 12 noon. After enjoying a light lunch we will be entertained by our special guest, Audrey Ginsberg who will take on the persona of Beverly Sills. If you have never seen Audrey perform, you are in for a treat. And if you have seen her you know that you don't want to miss seeing her again. Always something new and different!!!

You still have plenty of time to gather your coins for our annual **Coins For The Cure** luncheon at Benvenuto's on **February 13**. In addition to a fabulous lunch and door prizes we will enjoy a special performance by the talented Jose and Patti, a musical duo who have been entertaining on cruise ships. Donation is \$40.

**SAVE THE DATE:** Thursday, **March 26** we'll have our catered Membership Appreciation Day luncheon. And back by popular demand will be the wonderful Boynton Beach High School choir.

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	Bernice	742-8474

**THANK YOU, CAST, CREW +**

We wish to express our deepest appreciation to the cast, crew, and all who contributed to the M.I.L.T. production "A Salute To Jerry Herman." It was a joy to work with you, and we

hope the future offers us more opportunities to do so.

**MAJESTIC ISLES LITTLE THEATRE  
General Meeting, December 14, 2008**

By Selma Friedman



For those of us who are still young at heart, "Old Tyme Radio" was a treat.

Ed Stauber conceived the idea, collected the nostalgic scripts and produced an array of most of our favorite characters. Do

these names have a connection with your youth: Joe Penner, Burns and Allen, Abbot and Costello, or the Lone Ranger? How about Baby Snooks and Daddy, Bob and Ray (sponsored by Ajax, the foaming cleanser), Charlie McCarthy and Edgar Bergen, and the Bickersons (fore runner of the Honeymooners)? Or Jack Benny, Rochester, Dennis Day and Al Jolson? Yes, they were all well represented.

Our growing number of thespians included Bernie Freedman, Ed Gerard, Rita Goldman, Terry Kalestein, Herb Levin, Joan Peckins, Stan Rothstein, Doris Silverman, Elsa Stein, Fred Stein, Ed Strauber and Al Weinstein.

Marty Baron continues to create great props (radio console and an applause sign that lights on and off) that add another dimension to the production. Thanks to Ed Bloom, Phil Chermak, Buddy Koch and Jack Moss for all the technical support.

Francine Gitto and her committee continue to make the hospitality table inviting to all, with the lovely assortment of pastries, coffee and/or tea.

Thanks to all, a most pleasant evening.

Looking ahead, we have a very popular and delightful singer, Cecilia Roy, on the program for January. She was a true sensation at Men's Club last year, and more recently at the Hadassah anniversary luncheon. This lovely young woman truly provides "not to be missed" entertainment.

In February, Phil Chermak will once again present "Movie Monologues." This has been a popular program in the past and we look forward to this year's presentation. Francine Gitto is organizing the March program, a musical tribute to the Four Seasons. This promises to be a feast for the eye as well as the ear.

One last reminder: Dues for 2009, \$5 per person, are payable now. The dues cover refreshments.

## BOOK TALKS AND MORE

By Judy Markowitz



On Wednesday, January 21, 2009 Donna Shaneson will be discussing "The Red Leather Diary" by Lily Koppel.

Recovered from a dumpster on the Upper West Side of Manhattan by Lily Koppel, a young writer working at the New York Times, the discarded diary brings to life the glamorous, forgotten world of an extraordinary young woman.

The book recreates the romance and glitter, sophistication and promise of the 1930's New York, in this true story of a precocious young woman who dared to follow her dreams.

Whether or not you have read the book, you are all welcome to attend the discussion,

## MAJESTIC ISLES YIDDISH CLUB

### The Joys of Yiddish

By Jerry Raske



An overflowing crowd enjoyed the December 7 Chanukah party, with wine, cheese and crackers, nibbles and a sumptuous sweet table. Fran Ost and her committee outdid themselves. Thanks to Marty Baron for his chanting of the blessings over the candles and candle lighting in advance of the upcoming Chanukah celebration. Our entertainer, Frankie Man, provided laughs aplenty.

Join us at our next meeting on Jan. 4 and see "Watermarks," a historic and inspirational film about the Austrian Women's Swim Team who defied Hitler. Everyone is invited. Non-members \$2. p.p.

## WOMEN'S CLUB

By Sandy Gardner and Bernice Kozlin

Our special thanks go to Marcia Vetstein for volunteering to oversee the collection for the Abused Women's Shelter. The donations filled 3/4 of a large truck and we are sure that our donations were greatly appreciated.

Unfortunately our trip to the Morikami Museum had to be cancelled due to renovations at the museum. We will reschedule at a future time.

On January 14, 2009, our Installation of Officers will be held at the Clubhouse at 12 noon. A light lunch will be served at no charge. Barbara Roland will continue as co-Programming Chairperson, and our new Recording Secretary will be Bobbe Greene. After the luncheon, there will be a group of performers highlighting common scams perpetrated on senior citizens. We are sure that this subject will be of great interest to us

On February 14 we will join with the Men's Club in sponsoring a Valentine's Day dinner followed by entertainment. The event will be held at the clubhouse in the ballroom. Further information will be forthcoming

On March 9, our Appreciation Luncheon will be held at Boca Greens Country Club. The price is \$20 pp.

March 23 will be our Annual Canasta Tournament held at the Clubhouse. Price is \$7 per person.

We hope that everyone had a healthy, happy Holiday Season.



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**SPARES AND STRIKES**

By Dave Feinberg

**MEN****WOMEN****WEEK 11 – HIGH GAME**

Howard Scherer	206	Luise Levine	151
Fred Katz	173	Ruth Rossi	140

**WEEK 11 – HIGH SERIES**

Howard Scherer	586	Luise Levine	389
Fred Katz	459	Ruth Rossi	364

**WEEK 12 – HIGH GAME**

Howard Scherer	193	Gladys Feldman	172
Bernie Kass	187	Shirley Scheftel	166

**WEEK 12 – HIGH SERIES**

Howard Scherer	638	Gladys Feldman	364
Bernie Kass	515	Shirley Scheftel	384

**WEEK 13 – HIGH GAME**

Ted Shapiro	201	Sandy Gardner	156
Bob Rosenhouch	188	Ruth Rossi	136
Dave Feinberg	181	Marcia Brandfon	136

**WEEK 13 – HIGH SERIES**

Ted Shapiro	504	Sandy Gardner	420
Bob Rosenhouch	514	Ruth Rossi	368
Dave Feinberg	486		

**WEEK 14 – HIGH GAME**

Howard Scherer	226	Toni Kohn	143
Bob Rosenhouch	178	Sandy Gardner	132
		Ruth Rossi	128

**WEEK 14 – HIGH SERIES**

Howard Scherer	645	Toni Kohn	358
Bob Rosenhouch	501	Sandy Gardner	374
		Ruth Rossi	365

**WEEK 15 – HIGH GAME**

Howard Scherer	225	Shirley Scheftel	143
Bob Rosenhouch	200	Sandy Rosenhouch	140
Shelly Mehlman	190		

**WEEK 15 – HIGH SERIES**

Howard Scherer	601	Shirley Scheftel	407
Bob Rosenhouch	492		
Shelly Mehlman	477		

**NEWS FLASH FOR ALL BOWLERS**

Watch the back bulletin board during the first week of January for a special announcement.

Happy Holidays to one and all!

**HADASSAH**

By Bobbe Greene



Hadassah's annual card party/luncheon will be held on **Jan. 8, 2009** at the Broken Sound Country Club. Join us for a sumptuous lunch with great door prizes and play your favorite game. Please put all checks for your game in one envelope and put the envelopes in the Hadassah mailbox. The price is \$45 per person. For information, call Roberta (736-6387) or Doris (732-6213).

Our next meeting and Membership Appreciation Day luncheon will be on Monday **Jan. 26**. Judy Greer, immediate past president of the Florida Atlantic region and now a member of the National Board of Hadassah, will be our speaker. Watch channel 63 for more details.

The Florida Atlantic Region's annual Book and Author Luncheon will be **on Feb. 13 from 9:30 a.m. to 3:00 p.m.** Rabbi Schmuley Boteach, an international best selling author, will speak and Roberta Fernandez, a protégé of Al Gore, will discuss his book "The Inconvenient Truth." If you are unable to attend that program there will be a second opportunity to hear Rabbi Shmuley on **Feb. 12** from 7 to 9 p.m. A decadent dessert buffet will be served. See flyer for more details. Please put your envelopes in our mailbox, to the attention of Bobbe Greene, chairperson.

We are again knitting 7" X 9" rectangles with which to make afghans. This year the recipients will be the Jewish War Veterans. If you are interested in helping call Nadine Ehrlich (737-7369), who will give you wool and instructions.

On **March 19** we're taking a bus trip to Miami to tour the Holocaust Museum and several synagogues. Milton Heller, who is both accomplished and knowledgeable, will be our guide. Stroll the newly renovated Lincoln Road and stop into one of the many restaurants for lunch. Bus fare, admissions and the guide will cost \$40 per person.

Congratulations to Marge Rosin, who will be honored on March 8 as Majestic Isles Hadassah's Woman of Valor.

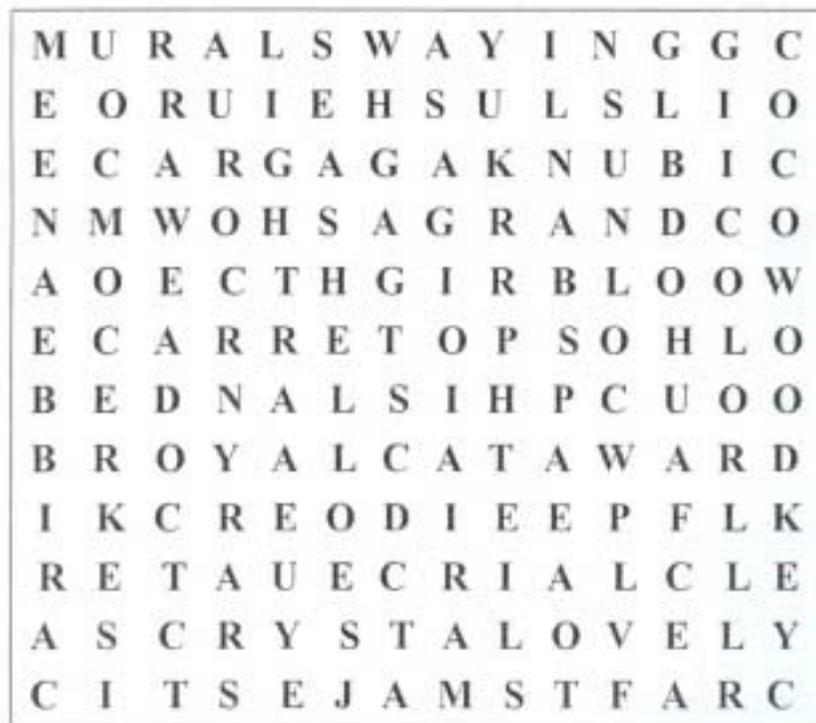
Deposits are due for the one-week cruise, with great ports of call and even greater prices. Call Roberta for details (736-6387).

## Where Is That Word?

By Naomi Marcus

All the words listed below are spelled out in the puzzle, either vertically, horizontally, or diagonally. Sometimes they even appear backward. Circle them when you find them. The leftover letters will spell out the name of a famous American artist. (Answer below.)

**Come see the fine work done by Majestic Isles artists and artisans. Our Annual Arts and Crafts Show will be held at the Clubhouse on Sunday, January 18.**



**Words:** Arts, Award, Beach, Bunka, Caribbean, Cay, Cocowood, Color, Court, Crafts, Crystal, ElClair, Emerald, Grace, Grand, Harbour, Island, Key, Light, Lovely, Lush, Majestic, Murals, Oils, Optics, Palm, Reach, Royal, Rugs, Scale, Seashell, Shade, Show, Spot, Swaying, Terrace, Woolbright.

Answer: Georgia O'Keefe (1887-1986) noted for her subtle use of color, inspired by her love of nature and the American Southwest.

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## SPECIAL EVENTS

### January 1, 2009 – February 28, 2009

#### JANUARY 2009

Jan. 8, Thurs., 11 a.m.- 4 p.m. Hadassah, **Card Party**, (p, a)  
 Jan 10, Sat, 2 pm Cancer Unit, **La Cage**, (p, a)  
 Jan. 11, Sun. 2 p.m. Singles, **Tatiana's Tea House**, (p, a)  
     7:30 p.m. M.I.L.T., **musical entertainment** (members free,  
     non-members \$2, h)  
 Jan. 12, Mon. 12 noon Women's Club, **Installation** (f, h)  
**Jan 13-14, BALLROOM CLOSED FOR CARPET CLEANING**  
 Jan. 18, Sun 2 – 5 p.m. **ART SHOW** (f, h)  
 Jan 21, Wed., 2 p.m. **Book Talks and More** (f, h)  
 Jan 24, Sat. 8 p.m. Social Club, **Showtime** (p, h)  
 Jan 25, Sun 7 p.m. Men's Club, **Bingo** (p, h)  
 Jan 28 Wed 10 a.m. Men's Club, **Casino Trip** (p, a)  
 Jan. 31, Sat. 8 p.m. **Movie Night** (p, h)

#### FEBRUARY 2009

Feb 1, 5 p.m. Men's Club, **Super Bowl Party** (p, h)  
 Feb 6, Fri 8 p.m. Singles, **Forever Liza**, (p, a)  
 Feb 8, Sun, 10 a.m. Hadassah, Chico's Shopping Spree (f, a)  
     7:30 p.m. M.I.L.T., **Movie Monologues**  
     (members free, non members \$2, h)  
 Feb. 13, 11:30 Cancer, **Coins For Cure** (p, a)  
 Feb 14, Sat, 7 p.m. Women's Club and Men's Club, **Valentine  
 Party** (p, h)  
 Feb 15, Sun, 7:00 p.m. **Bingo** (p, h)  
 Feb 18, Wed., 2 p.m. **Book Talks and More** (f, h)  
 Feb 21 Sat, 8 p.m. **Movie Night** (p, h)  
 Feb 25, Wed, 10 a.m. Men's Club, **Casino** (p, a)  
 Feb 28, Sat, 8 p.m. Social Club, **Showtime** (p, h)

**Watch channel 63 for additions, cancellations, or changes in date or time.**

For additional information, please contact an officer of the appropriate club,  
**not** the Majestic Isles Office.

**f = free, p = paid, a = away, h = home**



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**MONDAY** - Navy Bean  
Cup Of Soup N' Any Famous Melt  
or Salad Platter

**TUESDAY** - Beef Barley  
Cup Of Soup N'' Any Triple Decker  
or Hoagie

**WEDNESDAY** - Vegetable  
Cup Of Soup N' Any Dairy Favorite  
or Quesadillas

**THURSDAY** - Split Pea  
Cup Of Soup N' Any Special Wrap  
or Gyro

**FRIDAY** - Lobster Bisque  
Cup Of Soup N' Any Sandwich Board  
Selection Or Mini Nova

**SATURDAY** - Minestrone  
Cup Of Soup N' Any House Special  
Sandwich or Weight Watcher

**SUNDAY** - Mushroom Barley  
Cup Of Soup N' Any Burger Deluxe  
or Omelette

**11 am - 3pm All Dinners**  
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Coffee or Tea

**Twilight Dinner Specials**  
3pm - 4:30 pm  
\$2.00 Off  
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Includes Soup or salad, Entree, Coffee  
or Tea And Dessert

**Complete Dinner Specials**  
5pm-8pm  
Monday - Thursday

**MONDAY**  
\$1.00 Off Any Italian Dinner Selection

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\$1.00 Off Any Chicken Dinner

**WEDNESDAY**  
\$1.00 Any Meat Dinner

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